

# YORK MAZE

## The Kernel's Coffee Shop Sample Menu - Summer 2017

**HOT DRINKS** (all coffees are made to order by our baristas with a double shot!)

	<u>Regular</u>	<u>Large</u>
Double Espresso	£1.90	
Tea	£1.80	£2.30
Americano	£2.20	£2.50
White coffee	£2.30	£2.70
Cappucino	£2.60	£3.10
Latte	£2.60	£3.10
Mocha	£3.00	£3.40
Hot chocolate	£2.80	£3.20

### CAKES, PASTRIES & MUFFINS

Various selections £1.85 - £2.75

### CHILDREN'S LUNCH BOX SELECTION (Choose any 5 items)

Ham, Cheese or Jam sandwich, carrot sticks, olives, grapes, cherry tomatoes, Pom Bears, juice carton, water, yoghurt, sweet treats pot. £4.95

### SANDWICHES (Served on white and malted thick sliced bread)

Home roast ham	£2.00
Mature cheddar cheese	£2.00 v
English free range egg, mayonnaise and cress	£2.30 v
Prawn and mayonnaise	£3.40
Smoked salmon, soft cheese & cucumber	£3.50
Crispy smoked bacon, vine ripened tomato and mixed leaves with mayonnaise (BLT)	£3.50
Roast chicken, crispy bacon, vine ripened tomato and mixed leaves with mayonnaise	£3.60

### BLOOMERS (Served on doorstep white and wholemeal bloomer)

Roast chicken with coronation coleslaw and mixed leaf salad	£3.95
New York deli – pastrami, pickled gerkin, Emmental cheese and leaves	£3.95
Roast salmon with lemon and dill mayonnaise and rocket	£3.95
Chunky Hummus, roast red pepper and caramelised onion with mixed leaf salad	£3.95 v

### BAGUETTES

Mature cheddar cheese, vine ripened tomato, Branston pickle and salad leaves	£3.95 v
Tuna mayonnaise and sweetcorn with cucumber and salad leaves	£3.95
Brie and tomato with basil pesto and salad leaves	£3.95 v
Home roast ham, Emmental cheese and dijonaise with mixed leaves	£3.95

### WRAPS

Shredded duck, hoisin sauce, cucumber, red onion and mixed leaf salad	£3.85
Mixed beans, tomato salsa, sour cream and grated cheddar cheese	£3.85 v
Piri Piri Chicken, chili mayonnaise and mixed leaf salad	£3.85
Falafel, hummus, cucumber and tomato with mixed leaves	£3.85 v

## PANINIS

All day breakfast – pork sausage, smoked bacon, free range egg mayo, tomato chutney	£4.25
The Italian job - vine ripened tomato, mozzarella, and basil pesto	£4.25 v
Tuna melt - tuna mayonnaise and Jaarlsberg cheese	£4.25
Home roast ham, Emmental cheese and vine ripe tomato	£4.25
Pulled pork with side of coleslaw	£4.25
Roast chicken, caramelised red onion and grated mature cheddar cheese	£4.25
Crispy smoked bacon, French brie and cranberry sauce	£4.25

## SALAD BOXES

Home roast ham, coleslaw, cucumber, cherry tomatoes & leaves with mustard dressing	£4.35
Greek salad – Greek feta cheese, olives, diced cucumber, cherry tomatoes, mint and leaves with honey and wholegrain mustard dressing	£4.35 v
Harissa roast chicken - citrus couscous, chick peas and cucumber with leaves and a minted yoghurt dressing & chilli flakes	£4.35
Roast salmon, baby potato, sliced red onion, diced cucumber, cherry tomatoes, and mixed leaves with lemon vinaigrette dressing	£4.35
Caesar salad – roast chicken, crisp smoked bacon, croutons and cos lettuce with creamy anchovy dressing	£4.35
Pasta, bocconcini mozzarella, sun dried tomato, and mixed leaves with pesto dressing	£4.35 v

## COLD DRINKS

Water	£1.40
Coke/Diet Coke/Fanta/7up	£1.75
Ribena, Lucozade	£1.75
Cawston Press	£1.75
Juice Drink	£1.95
Freshly made Smoothies	£3.00
Shakes	£3.25

v – suitable for vegetarians.

If you have a food allergy or a special dietary requirement please consult a member of the York Maze team for advice in choosing.

This is a sample menu, the options available on any given day may vary.