

The Kernel's Coffee Shop Sample Menu - Summer 2019

COLD DRINKS

WATER	£1.60	
COKE	£2.20	
DIET COKE/COKE Z	ERO £2.10	
FANTA /ZERO	£2.10	
SPRITE/ZERO	£2.10	
OASIS	£2.10	
RIBENA /LIGHT	£2.10	
LUCOZADE ORIGINAL/ORANGE		£2.10
SAN PELLEGRINO (ALL FLAVOURS)		£2.00
CAWSTON PRESS (ALL FLAVOURS)		£2.00
JUICE BURST	£2.10	
SMOOTHIE	£3.25	
SHAKES	£3.50	

HOT DRINKS

(ALL COFFEES ARE MADE WITH A DOUBLE SHOT) DOUBLE ESPRESSO £1.95 REG TEA £1.80 LARGE TEA £2.30 FLAT WHITE (half coffee half milk) 8oz only £2.75 REG AMERICANO (black coffee) £2.30 LARGE AMERICANO £2.70 REG WHITE (coffee with a little milk) £2.40 LARGE WHITE £2.90 **REG CAPPUCCINO (coffee with milk and** froth) £2.75 LARGE CAPPUCCINO £3.25 REG LATTE (milky coffee) £2.75 LARGE LATTE £3.25 **REG MOCHA** (milky coffee with chocolate) £3.10 LARGE MOCHA £3.60 REG HOT CHOCOLATE (milky chocolate) £2.80 LARGE HOT CHOCOLATE £3.30 **EXTRAS** ADD WHIPPED CREAM £0.50 ADD MINI MARSHMALLOWS £0.50 ADD FLAKE £0.70 ADD COFFEE SYRUP £0.50

CAKES & PASTRIES

VICTORIA SPONGE	£3.20	
CHOCOLATE CAKE	£3.20	
CARROT CAKE	£3.20	
BANANA AND TOFFEE LOAF	£2.30	
CHERRY AND PISTACHIO LOAF	£2.30	
BLACK CHERRY ALMOND SLICE	£2.30	
CHOCOLATE BROWNIE	£2.30	
MILLIONAIRE FLAPJACK	£2.30	
ROCKY ROAD	£2.30	
CARAMEL SHORTCAKE	£2.30	
TIFFIN	£2.30	
MUFFINS	£2.15	
LAPJACK (ALL VARIETIES except millionaire		

flapjack) £1.95

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LOOK OUT FOR DAILY SPECIALS

IF YOU HAVE A FOOD ALLERGY OR A SPECIAL DIETARY REQUIREMENT PLEASE INFORM A MEMBER OF THE TEAM.

SANDWICHES & BLOOMERS

SANDWICHES

SERVED ON WHITE OR MALTED THICK SLICED BREAD

HOME ROAST

HAM.

£2.50

MATURE CHEDDAR

CHEESE.

£2.50

ENGLISH FREE RANGE EGG, MAYONNAISE AND CRESS. £2.50

TUNA MAYONNAISE AND CUCUMBER.

£2.90

PRAWN AND MAYONNAISE.

£3.75

SMOKED SALMON, SOFT CHEESE AND CUCUMBER. £3.95

ROAST CHICKEN, CRISPY BACON, VINE RIPE TOMATO AND MIXED LEAVES WITH MAYONNAISE.

£3.95

BLOOMERS

SERVED ON WHITE OR WHOLEMEAL EXTRA THICK SLICED BLOOMER BREAD

CRISPY SMOKED BACON, VINE RIPE TOMATO AND MIXED LEAVES WITH MAYONNAISE (BLT) £4.10

NEW YORK DELI – PASTRAMI, PICKLED GHERKIN, EMMENTAL CHEESE, MUSTARD AND LEAVES. £4.10

ROAST SALMON WITH LEMON & HERB MAYONNAISE CUCUMBER AND SALAD LEAVES. £4.10

WENSLEYDALE CHEESE AND CARROT CHUTNEY WITH VINE RIPE TOMATO AND MIXED LEAVES. £4.10

HOME ROAST HAM WITH CHEESE COLESLAW, CUCUMBER, TOMATO AND MIXED LEAVES. £4.10

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WRAPS

SHREDDED DUCK, HOISIN SAUCE, CUCUMBER, RED ONION AND MIXED LEAF SALAD £3.95

MEXICAN BEAN, TOMATO SALSA AND SOURED CREAM WITH GRATED CHEDDAR CHEESE £3.95

PIRI PIRI CHICKEN, SWEET CHILLI COLESLAW AND MIXED LEAVES.

£3.95

FALAFEL, MINT YOGHURT, GRATED CUCUMBER AND GRATED CARROT WITH MIXED LEAVES £3.95

PULLED PORK AND APPLE CHUTNEY WITH SHREDDED WHITE CABBAGE, CARROT AND ONION £3.95

SALAD BOXES

HOME ROAST HAM, COLESLAW, CUCUMBER, CHERRY TOMATOES AND LEAVES WITH MUSTARD DRESSING. £4.75

ROAST SALMON GREEK SALAD – ROAST SALMON, GREEK FETA CHEESE, OLIVES, DICED CUCUMBER, CHERRY TOMATOES, MINT AND MIXED LEAVES WITH HONEY AND WHOLEGRAIN MUSTARD DRESSING. £4.75

HARRISA ROAST CHICKEN, CITRUS COUS COUS, CHICK PEAS AND CUCUMBER WITH LEAVES AND A MINTED YOGHURT DRESSING AND CHILLI FLAKES. £4.75 CEASER SALAD – ROAST CHICKEN, CRISPY SMOKED BACON, CROUTONS AND COS LETTUCE WITH CREAMY ANCHOVY DRESSING. £4.75

FALAFEL, DICED BEETROOT, GRATED CARROT WITH LEAVES AND MINTED YOGHURT DRESSING. £4.75

ONION BHAJI, DICED TOMATO, DICED CUCUMBER, RED ONION AND CORIANDER WITH MIXED LEAVES AND RAITA DRESSING. £4.75

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BAGUETTES & PANINIS

BAGUETTES

MATURE CHEDDAR CHEESE AND COLESLAW WITH TOMATO AND SALAD LEAVES £4.10

TUNA MAYONNAISE AND SWEETCORN WITH CUCUMBER AND SALAD LEAVES £4.10

HOME ROAST HAM, EMMENTAL CHEESE AND DIJONAISE WITH MIXED LEAVES £4.10

BRIE AND TOMATO WITH MANGO CHUTNEY AND SALAD LEAVES £4.10

CHICKEN, SMOKED APPLEWOOD CHEESE AND SWEET CORN RELISH WITH MIXED LEAVES £4.10

PANINIS

SERVED WITH A SALAD GARNISH

ALL DAY BREAKFAST – PORK SAUSAGE, SMOKED BACON, FREE RANGE EGG MAYONNAISE AND TOMATO CHUTNEY. £4.50

THE ITALIAN JOB -VINE RIPE TOMATO, MOZZARELLA, AND BASIL PESTO. £4.50

TUNA MELT -TUNA MAYONNAISE AND JAARLSBERG CHEESE. £4.50

HOME ROAST HAM, EMMENTAL CHEESE AND VINE RIPE TOMATO. £4.50

PULLED PORK WITH A SIDE OF COLESLAW. £4.50

ROAST CHICKEN, CARAMELISED RED ONION AND GRATED MATURE CHEDDAR CHEESE. £4.50

CRISPY SMOKED BACON, FRENCH BRIE AND CRANBERRY SAUCE. £4.50

PEPPERONI, MOZZARELLA, SLICED TOMATO AND PIZZA SAUCE. £4.50

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