## The Kernel's Coffee Shop <br> Sample Menu - Summer 2022


BLOOMERS (Served on white or wholemeal extra thick sliced bloomer bread)
Crisp smoked bacon, vine ripened tomato and mixed leaves with mayonnaise (BLT) ..... £4.40
Wensleydale cheese \& carrot chutney with vine ripe tomato and mixed leaves ..... £4.40 V
Roast ham with Cheddar cheese coleslaw, cucumber, tomato \& mixed leaves ..... £4.40
New York Deli - pastrami, pickled gherkin, Emmental cheese, mustard and leaves ..... £4.40
Coronation chicken with mango chutney, cucumber \& shredded iceberg lettuce ..... £4.40
WRAPS
Shredded duck, hoisin sauce, cucumber, red onion and mixed leaf salad ..... £4.50
BBQ chicken and coleslaw with mixed leaves ..... £4.50
Mexican roasted corn, kidney beans, grilled red pepper, salsa, sour cream, cheese ..... £4.50 V
Falafel, mint yoghurt, grated cucumber, cabbage, carrot \& onion with mixed leaves ..... £4.50 V
Breaded chicken, Caesar dressing, cucumber \& mixed leaves ..... £4.50
PANINIS (Served with a salad garnish)
All day breakfast - pork sausage, smoked bacon, egg mayonaise, tomato chutney ..... £5.25
The Italian job - vine ripened tomato, mozzarella, and basil pesto ..... £5.25 V
Tuna melt - tuna mayonnaise and Jaarlsberg cheese ..... £5.25
Roast ham, Emmental cheese and vine ripe tomato ..... £5. 25
Roast chicken, caramelised red onion and grated mature cheddar cheese ..... £5.25
Crispy smoked bacon, French brie and cranberry sauce ..... £5.25
SALAD BOXES
Roast ham - coleslaw, cucumber, cherry tomatoes \& leaves with mustard dressing ..... £5.25
Greek salad - feta cheese, olives, diced cucumber, cherry tomatoes, mint and mixed leaves with honey and wholegrain mustard dressing ..... £5.25 V
Harissa roast chicken - North African couscous, chickpeas and cucumber with leaves and a minted yoghurt dressing ..... £5.25
Caesar salad - roast chicken, crisp smoked bacon, croutons, parmesan and cos lettuce with Caeser salad dressing ..... £5.25
Onion Bhaji - diced tomato, diced cucumber, red onion with mixed leaves and raita style dressing ..... £5.25 V
Beetroot Falafel - Humous, cherry tomatoes and red onion with leaves and a minted yoghurt dressing ..... $£ 5.25 \mathrm{~V}$
KIDS LUNCH PACK SELECTION (fun activity bag with crayons)
Any 5 items - Ham, cheese or Tuna sandwich on white bread, Pom Bears, fruit pots, sliced apple and grape snack pack, Bear YoYos, giant cookies, Cadburys mini fingers, Ribena, Capri Sun \& more ..... £6.00
V-Vegetarian

This is a sample menu only. Please be aware that products, ingredients and prices are subject to change. Allergen information is available at time of purchase. For Gluten Free and other dietary options please ask a member of the team.

